

## River Falls Nutrition Program July 2018 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

***\*\*Due to circumstances beyond our control, menu changes may occur from time to time\*\****

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Tater Tot Casserole Country Blend Veggies Garlic Biscuit Chef's Choice Fruit Dessert	<b>3</b> Salisbury Steak Mashed Potatoes w/ gravy Corn on Cob Chef's Choice Fruit Dinner Roll Dessert	<b>4</b>  CLOSED for Independence Day	<b>5</b> Chipped Beef on Toast Mashed Potatoes 5 Way Blend Veggies Chef's Choice Fruit Bread Stick Dessert	<b>6</b> Crispy Fish Baked Potato Island Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
<b>9</b> Pork Loin Wild Rice Country Blend Veggies Garlic Biscuit Chef's Choice Fruit Dessert	<b>10</b> BBQ Riblet Au Gratin Potatoes Island Blend Veggies Chef's Choice Fruit Bread Slice Dessert	<b>11</b> Seasoned Baked Chicken Mashed Potatoes w/ gravy Broccoli Chef's Choice Fruit Dinner Roll Dessert	<b>12</b> Spaghetti/ meat sauce California Blend Veggies Chef's Choice Fruit Garlic Bread Dessert	<b>13</b> Pollock Au Gratin Potatoes Green Beans Chef's Choice Fruit Garlic Biscuit Dessert
<b>16</b> Beef Chow Mein Casserole Stir Fry Veggies Chef's Choice Fruit Egg Roll Dessert	<b>17</b> Spinach Artichoke Chicken Baked Potato Island Blend Veggies Chef's Choice Fruit Bread Slice Dessert	<b>18</b> Pineapple Ham Sweet Potatoes Peas Chef's Choice Fruit Dinner Roll Dessert	<b>19</b> Chicken Kiev Au Gratin Potatoes Broccoli Chef's Choice Fruit Garlic Biscuit Dessert	<b>20</b> Baked Cod Baked Potato Country Blend Veggies Chef's Choice Fruit Bread Slice Dessert
<b>23</b> French Onion Chicken Baked Potato Island Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	<b>24</b> Pizza Casserole California Blend Veggies Chef's Choice Fruit Bread Stick Dessert	<b>25</b> Pot Roast Mashed Potatoes w/ gravy Carrots Chef's Dessert Dinner Roll Dessert	<b>26</b> Ham Egg Bake Biscuits & Gravy Fried Potatoes Mixed Berries Dessert	<b>27</b> Butterfly Shrimp Au Gratin Potatoes 5 Way Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
<b>31</b> Swedish Meatball Buttered Noodles Peas & Carrots Chef's Choice Fruit Bread Stick Dessert	<b>31</b> Smothered Chicken Baked Potato Country Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert			<p style="text-align: center; color: red;">Suggested Donation for:</p> <p style="text-align: center; color: red;">Congregate Dining: <b><u>\$5.00 per meal</u></b></p> <p style="text-align: center; color: red;">Home-delivered Meals: <b><u>\$6.50 per meal</u></b></p> <p style="text-align: center; color: red;">Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>

